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Coverage of the most common techniques includes trigger point therapy, friction techniques, myofascial techniques, and stretching to give you an excellent base from which to start incorporating deep tissue massage into massage practice.

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### **Products - The Point**

Purpose: The purpose is to integrate anatomy and clinical application of massage therapy, using an innovative approach to

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the illustrations and key points for palpation of structures. This is a worthy objective, because many books use the typical two-dimensional illustrations without the particular reference point of the massage therapist.

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