

American Red Cross Lifeguard Training Study Guide

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American Red Cross Lifeguard Training

American Red Cross lifeguarding and water safety students must be at least 15 years old by the last day of class, and pass a pre-course swimming skills test prior to taking our courses. Once students are enrolled, they'll receive the latest science-based training from experienced instructors, and

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develop skills they'll use for a lifetime.

Lifeguard Training & Certification | Red Cross

The 120 Day Certification enables an existing enrollee to extend their current American Red Cross certification by 120 days from the original certification expiration date. This extension certificate is for student or base level certificates from instructor led and blended learning courses ONLY and DOES NOT apply to instructor, instructor trainer or online only certifications.

120 Day Certification Extension - [redcross.org](https://www.redcross.org)

The American Red Cross Lifeguard course will teach you the skills and knowledge required to prevent and respond to aquatic emergencies. On completion you will be certified for two years and qualified as a lifeguard in the US only, however this does not stop you from using your skills in an emergency in the UK or another country.

2020 American Red Cross Waterfront Lifeguard Course Content

Training My Employees. Train your employees with the knowledge and skills they need for effective leadership in the event of an emergency. From First Aid and CPR training, to Lifeguard and EMT certification, the American Red Cross has the emergency health and safety training and certification options available to suit your employee's needs.

Red Cross Training | Take a Class | Red Cross

American Red Cross Training Services instructors are an elite group of professionals who teach valuable lifesaving skills to an average of more than 9 million people each year in businesses, schools and communities. Being a Red Cross Health and Safety instructor is a fulfilling and rewarding ...

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Instructor Certification & Training Courses | Red Cross

Register for American Red Cross Lifeguard Training Learn how to prevent and respond to water emergencies. Detailed training includes hands-on skills as well as written tests. The certification, which includes first aid, CPR, and AED training, is valid for two years and is accepted nationwide.

American Red Cross Lifeguard Training - Hempfield recCenter

The major brands of lifeguarding certification are StarGuard Lifeguarding, YMCA Lifeguarding, Ellis Lifeguarding, American Red Cross Lifeguarding, and Nasco Lifeguarding. The major brands of First Aid/CPR/AED training are American Heart Association, ASHI, and American Red Cross. You can find a wide array of classes advertised on this website.

Lifeguard Classes - Lifeguard Training Near Me

The ARC Lifeguard certification is widely recognised across the US and regularly updated so you will receive training in the most effective lifeguarding techniques at present. Our Instructors have all been trained by the American Red Cross and have previously worked at summer camps in the US as lifeguards or in aquatic positions so are best ...

ARC Lifeguard Courses - Camp America

American Red Cross Lifeguard Certification Lifeguard certification provides lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over. For Ages: 15+

Lifeguard Certification | Red Cross Lifeguard Training

American Red Cross COVID-19 Guidance This page centralizes resources you may require as we respond to the coronavirus 2019 disease (COVID-19) pandemic. The date on each item indicates

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when it was posted so that you can easily view new updates.

American Red Cross Covid-19 Guidance

The U.S. Department of Labor has determined that the American Lifeguard Association offers lifeguard certification programs similar to those provided by the American Red Cross. ALA adheres to a code of ethics and makes a commitment to deliver high-quality health and safety training.

American Lifeguard Association | Lifeguard Training ...

Lifeguard Training American Red Cross Class Schedule: To be decided after July 1, 2020 You must be 15 years old and proficient in the front crawl (freestyle), and breaststroke. Lifeguard training is a 25.5-hour course, which includes First Aid, CPR for the Professional Rescuer (CPR/PR) and AED.

Nashville > Parks and Recreation > Centennial Sportsplex ...

American Red Cross Lifeguard Training Learn the skills needed to become a certified lifeguard. First-Aid, CPR for the Professional Rescuer, and AED, and Oxygen Administration certifications are also included. Attendance is mandatory at all sessions in order to be certified.

Lifeguard Training | YMCA of Central Ohio

Ohio, Oklahoma, Pennsylvania, South Carolina, Texas, Virginia, and West Virginia. Lifeguard and CPR Training We have American Red Cross training classes available right now. Sign up for a training class in your area today!

Lifeguard Jobs | Lifeguard Training & Certification ...

The Campus Recreation aquatics program is proud to offer the American Red Cross Lifeguard Review/Re-Certification Course in a Blended Learning Format. This recertification option is for lifeguards who are currently certified.

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American Red Cross Lifeguard Certifications

The American Red Cross waterfront lifeguard course will teach you the skills and knowledge required to prevent and respond to aquatic emergencies. It will include the following: The professional lifeguard and injury prevention; patron surveillance and emergency preparation; rescue skills; before providing care; breathing and cardiac emergencies ...

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